

Trail Rota do Bolinhol

Classificação Geral - 20km

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
1	656	SILVA, Marco	RC Travel - Wellness by Oriflame	20SEM	1	1:36:06.75	04:48	
2	701	RODRÍGUEZ, Cástor	Individual	20M40	1	1:39:26.15	04:58	0:03:19
3	698	MIRANDA, Ricardo	GTT - Armazém do Caffè	20SEM	2	1:45:34.08	05:17	0:09:27
4	707	MONTEIRO, Ricardo	Individual	20SEM	3	1:46:01.36	05:18	0:09:54
5	662	MELO, Inuo	Run 4 All	20SEM	4	1:48:59.43	05:27	0:12:52
6	603	GONÇALVES, Sérgio	ERMIDA TEAM	20SEM	5	1:53:09.81	05:39	0:17:03
7	692	CUNHA, André	Vimarunners	20SEM	6	1:54:02.40	05:42	0:17:55
8	683	COELHO, Carlos	Individual	20SEM	7	1:54:26.88	05:43	0:18:20
9	640	BARBOSA, Helder	Sweet Runners	20SEM	8	1:55:11.29	05:46	0:19:04
10	630	LANDEIRA, Luís	ERMIDA TEAM	20SEM	9	1:55:38.75	05:47	0:19:32
11	702	SALGUEIRO, Sérgio	Individual	20SEM	10	1:55:45.00	05:47	0:19:38
12	658	COUTADA, Bruno	Individual	20M40	2	1:57:05.46	05:51	0:20:58
13	708	CALDAS, Paulo	Individual	20M45	1	1:58:06.18	05:54	0:21:59
14	700	PEIXOTO, Helder	Individual	20SEM	11	1:58:37.54	05:56	0:22:31
15	655	OLIVEIRA, Luis	Individual	20SEM	12	1:58:56.03	05:57	0:22:49
16	639	BARBOSA, Marco	Sweet Runners	20SEM	13	2:00:13.65	06:01	0:24:07
17	666	SANTOS, Luis	Individual	20SEM	14	2:00:36.70	06:02	0:24:30
18	647	RIBEIRO, Gilberto	Eu+ Ginásio/LMA	20SEM	15	2:00:37.41	06:02	0:24:30
19	665	PINHEIRO, Joaquim	Alive Runners	20M45	2	2:02:01.81	06:06	0:25:55
20	688	PAIS, Ricardo	ST Trail	20SEM	16	2:02:01.88	06:06	0:25:55
21	624	FERREIRA, Vasco	BTT Cerca	20SEM	17	2:03:27.35	06:10	0:27:20
22	636	MOREIRA, Antonio	Individual	20M40	3	2:03:49.25	06:11	0:27:42
23	625	LEMONS, Bruno	IAT Imobiliária Esposende	20SEM	18	2:04:02.91	06:12	0:27:56
24	693	LEMONS, Hélder	Individual	20SEM	19	2:04:08.05	06:12	0:28:01
25	623	FERREIRA, João	BTT Cerca	20SEM	20	2:04:13.94	06:13	0:28:07
26	620	FERNANDES, Bruno	Vimarunners	20SEM	21	2:04:20.50	06:13	0:28:14
27	703	TEIXEIRA, Luís	Individual	20SEM	22	2:04:50.96	06:15	0:28:44
28	710	AUGUSTO, José	ADL Lustosa	20M50	1	2:04:59.96	06:15	0:28:53
29	642	MOREIRA, Pedro	Jorge Moreira	20SEM	23	2:05:24.62	06:16	0:29:18
30	681	BAPTISTA, Carlos	Individual	20M50	2	2:06:13.82	06:19	0:30:07
31	632	TEIXEIRA, Fausto	velozes e furiosos	20M45	3	2:06:36.69	06:20	0:30:30
32	631	PEREIRA, Miguel	velozes e furiosos	20M40	4	2:06:37.38	06:20	0:30:30
33	709	MONTEIRO, Álvaro		20M40	5	2:06:56.64	06:21	0:30:50
34	644	MOREIRA, Francisco	Individual	20M40	6	2:07:08.14	06:21	0:31:01
35	690	PEIXOTO, Sérgio	Individual	20SEM	24	2:07:20.76	06:22	0:31:14
36	608	VIEIRA, Manuel	SCORE HEALTH CLUB	20M40	7	2:07:43.61	06:23	0:31:37
37	601	FREITAS, Paulo	Individual	20SEM	25	2:08:00.13	06:24	0:31:53
38	667	VINHAS, João	Individual	20SEM	26	2:08:35.41	06:26	0:32:28
39	686	SANTOS, Henrique	Individual	20M45	4	2:08:51.51	06:27	0:32:45
40	659	LOBO, Hugo	Run 4 All	20SEM	27	2:09:56.04	06:30	0:33:49
41	622	MACHADO, André	ST Trail	20SEM	28	2:10:45.00	06:32	0:34:38
42	676	COSTA, Martinho	Individual	20M45	5	2:12:33.66	06:38	0:36:27
43	604	CASTRO, Miguel	SCORE HEALTH CLUB	20M45	6	2:12:38.06	06:38	0:36:31
44	637	MAGALHAES, Luis	Sweet Runners	20SEM	29	2:14:44.19	06:44	0:38:37
45	653	CARVALHO, Eric	Ermida Team	20SEM	30	2:15:20.51	06:46	0:39:14
46	641	MOREIRA, Jorge	Jorge Moreira	20SEM	31	2:16:10.37	06:49	0:40:03
47	682	SOUSA, Jose	AMIGOS DO PARQUE	20M55	1	2:20:02.79	07:00	0:43:56
48	634	SILVA, João	Cabritos do monte	20SEM	32	2:20:03.26	07:00	0:43:56
49	668	SOARES, Jorge	Individual	20SEM	33	2:20:11.09	07:01	0:44:04
50	660	REBELO, Rui	Run 4 All	20SEM	34	2:21:59.91	07:06	0:45:53
51	638	DOMINGUES, Frank	Individual	20M40	8	2:22:44.52	07:08	0:46:38
52	635	SILVA, Nuno	Cabritos do monte	20SEM	35	2:24:00.07	07:12	0:47:53
53	661	REIS, Paulo	Run 4 All	20SEM	36	2:25:15.58	07:16	0:49:09
54	674	CASTRO, Nuno	Individual	20M45	7	2:25:30.27	07:17	0:49:23
55	628	LANDEIRA, Celina	ERMIDA TEAM	20SEF	1	2:25:36.93	07:17	0:49:30

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
56	687	DUARTE, Telma	ErmidaFit Runners	20SEF	2	2:25:45.98	07:17	0:49:39
57	689	PINHO, Ernesto	Individual	20SEM	37	2:30:54.57	07:33	0:54:48
58	696	PEREIRA, Jose	Individual	20M55	2	2:30:56.25	07:33	0:54:49
59	677	PEDROSA, Luís	Os Pedrosas	20SEM	38	2:32:22.79	07:37	0:56:16
60	678	FONTÃO, Bruno	Os Pedrosas	20SEM	39	2:32:24.19	07:37	0:56:17
61	657	FARIA, Filipe	Individual	20SEM	40	2:33:27.53	07:40	0:57:21
62	664	FERNANDES, Maria	Alive Runners	20SEF	3	2:34:53.44	07:45	0:58:46
63	706	COSTA, Vitor	Individual	20SEM	41	2:34:56.67	07:45	0:58:50
64	699	LOPES, Zé	Individual	20SEM	42	2:35:07.61	07:45	0:59:01
65	615	MEIRELES, Joao	SCORE HEALTH CLUB	20SEM	43	2:35:16.21	07:46	0:59:09
66	600	ABREU, Filipe	SWEET RUNNERS	20SEM	44	2:35:38.86	07:47	0:59:32
67	684	SILVA, Pedro	Sweet Runners	20SEM	45	2:35:39.22	07:47	0:59:32
68	629	MARTINS, Olga	ERMIDA TEAM	20SEF	4	2:37:28.84	07:52	1:01:22
69	633	MAIA, Lino	Ribeiro & Serra	20SEM	46	2:40:57.98	08:03	1:04:51
70	618	RODRIGUEZ, Monica	+K@rreiros	20F40	1	2:43:18.98	08:10	1:07:12
71	619	MUÑIZ, Camilo	+K@rreiros	20M50	3	2:43:20.71	08:10	1:07:14
72	670	SOUSA, Solange	Individual	20SEF	5	2:44:03.44	08:12	1:07:56
73	616	ARAUJO, Jose	SCORE HEALTH CLUB	20SEM	47	2:45:23.11	08:16	1:09:16
74	691	FARIA, José	Individual	20SEM	48	2:47:01.64	08:21	1:10:55
75	672	SERRA, Armindo	Ribeiro & Serra	20SEM	49	2:49:50.06	08:30	1:13:43
76	650	BARROS, Renato	Eu+ Ginásio/LMA	20SEM	50	2:51:15.83	08:34	1:15:09
77	649	FERREIRA, César	Eu+ Ginásio/LMA	20SEM	51	2:51:17.68	08:34	1:15:11
78	648	GONÇALVES, Rafael	Eu+ Ginásio/LMA	20SEM	52	2:51:18.15	08:34	1:15:11
79	675	SILVA, Luís	Individual	20SEM	53	2:52:02.69	08:36	1:15:56
80	643	A., António	Individual	20SEM	54	2:52:04.01	08:36	1:15:57
81	626	TEIXEIRA, Vitor	Fama Runners	20SEM	55	2:55:09.87	08:45	1:19:03
82	627	PAULA, Ana	Fama Runners	20F50	1	2:55:10.00	08:45	1:19:03
83	652	NEVES, André	CARIDRÉ	20SEM	56	3:01:23.29	09:04	1:25:16
84	651	BARBOSA, Carina	CARIDRÉ	20SEF	6	3:01:24.25	09:04	1:25:17
85	673	RIBEIRO, José	Ribeiro & Serra	20M40	9	3:03:49.36	09:11	1:27:42
86	679	FARIA, Tiago	Aguentas?	20SEM	57	3:05:35.41	09:17	1:29:28
87	669	RIBEIRO, Álvaro	Run 4 All	20M45	8	3:06:10.13	09:19	1:30:03

Trail Rota do Bolinhol

Classificação Geral Fem - 20km

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
1	628	LANDEIRA, Celina	ERMIDA TEAM	20SEF	1	2:25:36.93	07:17	
2	687	DUARTE, Telma	ErmidaFit Runners	20SEF	2	2:25:45.98	07:17	0:00:09
3	664	FERNANDES, Maria	Alive Runners	20SEF	3	2:34:53.44	07:45	0:09:16
4	629	MARTINS, Olga	ERMIDA TEAM	20SEF	4	2:37:28.84	07:52	0:11:52
5	618	RODRIGUEZ, Monica	+K@rreiros	20F40	1	2:43:18.98	08:10	0:17:42
6	670	SOUSA, Solange	Individual	20SEF	5	2:44:03.44	08:12	0:18:26
7	627	PAULA, Ana	Fama Runners	20F50	1	2:55:10.00	08:45	0:29:33
8	651	BARBOSA, Carina	CARIDRÉ	20SEF	6	3:01:24.25	09:04	0:35:47

Trail Rota do Bolinhol

Classificação Geral Masc - 20km

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
1	656	SILVA, Marco	RC Travel - Wellness by Oriflame	20SEM	1	1:36:06.75	04:48	
2	701	RODRÍGUEZ, Cástor	Individual	20M40	1	1:39:26.15	04:58	0:03:19
3	698	MIRANDA, Ricardo	GTT - Armazém do Caffè	20SEM	2	1:45:34.08	05:17	0:09:27
4	707	MONTEIRO, Ricardo	Individual	20SEM	3	1:46:01.36	05:18	0:09:54
5	662	MELO, Inuo	Run 4 All	20SEM	4	1:48:59.43	05:27	0:12:52
6	603	GONÇALVES, Sérgio	ERMIDA TEAM	20SEM	5	1:53:09.81	05:39	0:17:03
7	692	CUNHA, André	Vimarunners	20SEM	6	1:54:02.40	05:42	0:17:55
8	683	COELHO, Carlos	Individual	20SEM	7	1:54:26.88	05:43	0:18:20
9	640	BARBOSA, Helder	Sweet Runners	20SEM	8	1:55:11.29	05:46	0:19:04
10	630	LANDEIRA, Luís	ERMIDA TEAM	20SEM	9	1:55:38.75	05:47	0:19:32
11	702	SALGUEIRO, Sérgio	Individual	20SEM	10	1:55:45.00	05:47	0:19:38
12	658	COUTADA, Bruno	Individual	20M40	2	1:57:05.46	05:51	0:20:58
13	708	CALDAS, Paulo	Individual	20M45	1	1:58:06.18	05:54	0:21:59
14	700	PEIXOTO, Helder	Individual	20SEM	11	1:58:37.54	05:56	0:22:31
15	655	OLIVEIRA, Luis	Individual	20SEM	12	1:58:56.03	05:57	0:22:49
16	639	BARBOSA, Marco	Sweet Runners	20SEM	13	2:00:13.65	06:01	0:24:07
17	666	SANTOS, Luis	Individual	20SEM	14	2:00:36.70	06:02	0:24:30
18	647	RIBEIRO, Gilberto	Eu+ Ginásio/LMA	20SEM	15	2:00:37.41	06:02	0:24:30
19	665	PINHEIRO, Joaquim	Alive Runners	20M45	2	2:02:01.81	06:06	0:25:55
20	688	PAIS, Ricardo	ST Trail	20SEM	16	2:02:01.88	06:06	0:25:55
21	624	FERREIRA, Vasco	BTT Cerca	20SEM	17	2:03:27.35	06:10	0:27:20
22	636	MOREIRA, Antonio	Individual	20M40	3	2:03:49.25	06:11	0:27:42
23	625	LEMOS, Bruno	IAT Imobiliária Esposende	20SEM	18	2:04:02.91	06:12	0:27:56
24	693	LEMOS, Hélder	Individual	20SEM	19	2:04:08.05	06:12	0:28:01
25	623	FERREIRA, João	BTT Cerca	20SEM	20	2:04:13.94	06:13	0:28:07
26	620	FERNANDES, Bruno	Vimarunners	20SEM	21	2:04:20.50	06:13	0:28:14
27	703	TEIXEIRA, Luís	Individual	20SEM	22	2:04:50.96	06:15	0:28:44
28	710	AUGUSTO, José	ADL Lustosa	20M50	1	2:04:59.96	06:15	0:28:53
29	642	MOREIRA, Pedro	Jorge Moreira	20SEM	23	2:05:24.62	06:16	0:29:18
30	681	BAPTISTA, Carlos	Individual	20M50	2	2:06:13.82	06:19	0:30:07
31	632	TEIXEIRA, Fausto	velozes e furiosos	20M45	3	2:06:36.69	06:20	0:30:30
32	631	PEREIRA, Miguel	velozes e furiosos	20M40	4	2:06:37.38	06:20	0:30:30
33	709	MONTEIRO, Álvaro		20M40	5	2:06:56.64	06:21	0:30:50
34	644	MOREIRA, Francisco	Individual	20M40	6	2:07:08.14	06:21	0:31:01
35	690	PEIXOTO, Sérgio	Individual	20SEM	24	2:07:20.76	06:22	0:31:14
36	608	VIEIRA, Manuel	SCORE HEALTH CLUB	20M40	7	2:07:43.61	06:23	0:31:37
37	601	FREITAS, Paulo	Individual	20SEM	25	2:08:00.13	06:24	0:31:53
38	667	VINHAS, João	Individual	20SEM	26	2:08:35.41	06:26	0:32:28
39	686	SANTOS, Henrique	Individual	20M45	4	2:08:51.51	06:27	0:32:45
40	659	LOBO, Hugo	Run 4 All	20SEM	27	2:09:56.04	06:30	0:33:49
41	622	MACHADO, André	ST Trail	20SEM	28	2:10:45.00	06:32	0:34:38
42	676	COSTA, Martinho	Individual	20M45	5	2:12:33.66	06:38	0:36:27
43	604	CASTRO, Miguel	SCORE HEALTH CLUB	20M45	6	2:12:38.06	06:38	0:36:31
44	637	MAGALHAES, Luis	Sweet Runners	20SEM	29	2:14:44.19	06:44	0:38:37
45	653	CARVALHO, Eric	Ermida Team	20SEM	30	2:15:20.51	06:46	0:39:14
46	641	MOREIRA, Jorge	Jorge Moreira	20SEM	31	2:16:10.37	06:49	0:40:03
47	682	SOUSA, Jose	AMIGOS DO PARQUE	20M55	1	2:20:02.79	07:00	0:43:56
48	634	SILVA, João	Cabritos do monte	20SEM	32	2:20:03.26	07:00	0:43:56
49	668	SOARES, Jorge	Individual	20SEM	33	2:20:11.09	07:01	0:44:04
50	660	REBELO, Rui	Run 4 All	20SEM	34	2:21:59.91	07:06	0:45:53
51	638	DOMINGUES, Frank	Individual	20M40	8	2:22:44.52	07:08	0:46:38
52	635	SILVA, Nuno	Cabritos do monte	20SEM	35	2:24:00.07	07:12	0:47:53
53	661	REIS, Paulo	Run 4 All	20SEM	36	2:25:15.58	07:16	0:49:09
54	674	CASTRO, Nuno	Individual	20M45	7	2:25:30.27	07:17	0:49:23
55	689	PINHO, Ernesto	Individual	20SEM	37	2:30:54.57	07:33	0:54:48

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
56	696	PEREIRA, Jose	Individual	20M55	2	2:30:56.25	07:33	0:54:49
57	677	PEDROSA, Luís	Os Pedrosas	20SEM	38	2:32:22.79	07:37	0:56:16
58	678	FONTÃO, Bruno	Os Pedrosas	20SEM	39	2:32:24.19	07:37	0:56:17
59	657	FARIA, Filipe	Individual	20SEM	40	2:33:27.53	07:40	0:57:21
60	706	COSTA, Vitor	Individual	20SEM	41	2:34:56.67	07:45	0:58:50
61	699	LOPES, Zé	Individual	20SEM	42	2:35:07.61	07:45	0:59:01
62	615	MEIRELES, Joao	SCORE HEALTH CLUB	20SEM	43	2:35:16.21	07:46	0:59:09
63	600	ABREU, Filipe	SWEET RUNNERS	20SEM	44	2:35:38.86	07:47	0:59:32
64	684	SILVA, Pedro	Sweet Runners	20SEM	45	2:35:39.22	07:47	0:59:32
65	633	MAIA, Lino	Ribeiro & Serra	20SEM	46	2:40:57.98	08:03	1:04:51
66	619	MUNIZ, Camilo	+K@rreiros	20M50	3	2:43:20.71	08:10	1:07:14
67	616	ARAUJO, Jose	SCORE HEALTH CLUB	20SEM	47	2:45:23.11	08:16	1:09:16
68	691	FARIA, José	Individual	20SEM	48	2:47:01.64	08:21	1:10:55
69	672	SERRA, Armindo	Ribeiro & Serra	20SEM	49	2:49:50.06	08:30	1:13:43
70	650	BARROS, Renato	Eu+ Ginásio/LMA	20SEM	50	2:51:15.83	08:34	1:15:09
71	649	FERREIRA, César	Eu+ Ginásio/LMA	20SEM	51	2:51:17.68	08:34	1:15:11
72	648	GONÇALVES, Rafael	Eu+ Ginásio/LMA	20SEM	52	2:51:18.15	08:34	1:15:11
73	675	SILVA, Luís	Individual	20SEM	53	2:52:02.69	08:36	1:15:56
74	643	A., António	Individual	20SEM	54	2:52:04.01	08:36	1:15:57
75	626	TEIXEIRA, Vitor	Fama Runners	20SEM	55	2:55:09.87	08:45	1:19:03
76	652	NEVES, André	CARIDRÉ	20SEM	56	3:01:23.29	09:04	1:25:16
77	673	RIBEIRO, José	Ribeiro & Serra	20M40	9	3:03:49.36	09:11	1:27:42
78	679	FARIA, Tiago	Aguentas?	20SEM	57	3:05:35.41	09:17	1:29:28
79	669	RIBEIRO, Álvaro	Run 4 All	20M45	8	3:06:10.13	09:19	1:30:03

Trail Rota do Bolinhol

Classificação por Escalão - 20km

20M55 Veteranos Masc M55 20km

P.Cat.	Nome	Equipa	Tempo
1	SOUSA, Jose	AMIGOS DO PARQUE	2:20:02
2	PEREIRA, Jose	Individual	2:30:56

20F50 Veteranos Fem M50 20km

P.Cat.	Nome	Equipa	Tempo
1	PAULA, Ana	Fama Runners	2:55:10

20M50 Veteranos Masc M50 20km

P.Cat.	Nome	Equipa	Tempo
1	AUGUSTO, José	ADL Lustosa	2:04:59
2	BAPTISTA, Carlos	Individual	2:06:13
3	MUÑIZ, Camilo	+K@rreiros	2:43:20

20M45 Veteranos Masc M45 20km

P.Cat.	Nome	Equipa	Tempo
1	CALDAS, Paulo	Individual	1:58:06
2	PINHEIRO, Joaquim	Alive Runners	2:02:01
3	TEIXEIRA, Fausto	velozes e furiosos	2:06:36
4	SANTOS, Henrique	Individual	2:08:51
5	COSTA, Martinho	Individual	2:12:33
6	CASTRO, Miguel	SCORE HEALTH CLUB	2:12:38
7	CASTRO, Nuno	Individual	2:25:30
8	RIBEIRO, Álvaro	Run 4 All	3:06:10

20F40 Veteranos Fem M40 20km

P.Cat.	Nome	Equipa	Tempo
1	RODRIGUEZ, Monica	+K@rreiros	2:43:18

20M40 Veteranos Masc M40 20km

P.Cat.	Nome	Equipa	Tempo
1	RODRÍGUEZ, Cástor	Individual	1:39:26
2	COUTADA, Bruno	Individual	1:57:05
3	MOREIRA, Antonio	Individual	2:03:49
4	PEREIRA, Miguel	velozes e furiosos	2:06:37
5	MONTEIRO, Álvaro		2:06:56
6	MOREIRA, Francisco	Individual	2:07:08
7	VIEIRA, Manuel	SCORE HEALTH CLUB	2:07:43
8	DOMINGUES, Frank	Individual	2:22:44
9	RIBEIRO, José	Ribeiro & Serra	3:03:49

20SEF Seniores Fem 20km

P.Cat.	Nome	Equipa	Tempo
1	LANDEIRA, Celina	ERMIDA TEAM	2:25:36

2	DUARTE, Telma	ErmidaFit Runners	2:25:45
3	FERNANDES, Maria	Alive Runners	2:34:53
4	MARTINS, Olga	ERMIDA TEAM	2:37:28
5	SOUSA, Solange	Individual	2:44:03
6	BARBOSA, Carina	CARIDRÉ	3:01:24

20SEM Seniores Masc 20km

P.Cat.	Nome	Equipa	Tempo
1	SILVA, Marco	RC Travel - Wellness by Oriflame	1:36:06
2	MIRANDA, Ricardo	GTT - Armazém do Caffè	1:45:34
3	MONTEIRO, Ricardo	Individual	1:46:01
4	MELO, Inuo	Run 4 All	1:48:59
5	GONÇALVES, Sérgio	ERMIDA TEAM	1:53:09
6	CUNHA, André	Vimarunners	1:54:02
7	COELHO, Carlos	Individual	1:54:26
8	BARBOSA, Helder	Sweet Runners	1:55:11
9	LANDEIRA, Luís	ERMIDA TEAM	1:55:38
10	SALGUEIRO, Sérgio	Individual	1:55:45
11	PEIXOTO, Helder	Individual	1:58:37
12	OLIVEIRA, Luis	Individual	1:58:56
13	BARBOSA, Marco	Sweet Runners	2:00:13
14	SANTOS, Luis	Individual	2:00:36
15	RIBEIRO, Gilberto	Eu+ Ginásio/LMA	2:00:37
16	PAIS, Ricardo	ST Trail	2:02:01
17	FERREIRA, Vasco	BTT Cerca	2:03:27
18	LEMOS, Bruno	IAT Imobiliária Esposende	2:04:02
19	LEMOS, Hélder	Individual	2:04:08
20	FERREIRA, João	BTT Cerca	2:04:13
21	FERNANDES, Bruno	Vimarunners	2:04:20
22	TEIXEIRA, Luís	Individual	2:04:50
23	MOREIRA, Pedro	Jorge Moreira	2:05:24
24	PEIXOTO, Sérgio	Individual	2:07:20
25	FREITAS, Paulo	Individual	2:08:00
26	VINHAS, João	Individual	2:08:35
27	LOBO, Hugo	Run 4 All	2:09:56
28	MACHADO, André	ST Trail	2:10:45
29	MAGALHAES, Luis	Sweet Runners	2:14:44
30	CARVALHO, Eric	Ermida Team	2:15:20
31	MOREIRA, Jorge	Jorge Moreira	2:16:10
32	SILVA, João	Cabritos do monte	2:20:03
33	SOARES, Jorge	Individual	2:20:11
34	REBELO, Rui	Run 4 All	2:21:59
35	SILVA, Nuno	Cabritos do monte	2:24:00
36	REIS, Paulo	Run 4 All	2:25:15
37	PINHO, Ernesto	Individual	2:30:54
38	PEDROSA, Luís	Os Pedrosas	2:32:22
39	FONTÃO, Bruno	Os Pedrosas	2:32:24
40	FARIA, Filipe	Individual	2:33:27
41	COSTA, Vitor	Individual	2:34:56
42	LOPES, Zé	Individual	2:35:07
43	MEIRELES, Joao	SCORE HEALTH CLUB	2:35:16
44	ABREU, Filipe	SWEET RUNNERS	2:35:38
45	SILVA, Pedro	Sweet Runners	2:35:39
46	MAIA, Lino	Ribeiro & Serra	2:40:57
47	ARAUJO, Jose	SCORE HEALTH CLUB	2:45:23
48	FARIA, José	Individual	2:47:01
49	SERRA, Armindo	Ribeiro & Serra	2:49:50
50	BARROS, Renato	Eu+ Ginásio/LMA	2:51:15
51	FERREIRA, César	Eu+ Ginásio/LMA	2:51:17

52	GONÇALVES, Rafael	Eu+ Ginásio/LMA	2:51:18
53	SILVA, Luís	Individual	2:52:02
54	A., António	Individual	2:52:04
55	TEIXEIRA, Vitor	Fama Runners	2:55:09
56	NEVES, André	CARIDRÉ	3:01:23
57	FARIA, Tiago	Agentas?	3:05:35