

Trail Rota do Bolinhol

Classificação Geral - 13km

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
1	288	CARDOSO, Nuno	Onesoul Crossfit	13SEM	1	1:06:45.42	05:08	
2	408	OLIVEIRA, Hélder	Dragões do Vale do Vizela	13SEM	2	1:08:30.69	05:16	0:01:46
3	265	VIEIRA, Paulo	Fama Runners	13SEM	3	1:11:07.65	05:28	0:04:23
4	207	QUEIRÓS, José	Individual	13M45	1	1:13:54.20	05:41	0:07:09
5	433	SILVA, Duarte	Individual	13SEM	4	1:14:22.15	05:43	0:07:37
6	266	ALVES, Nuno	Fama Runners	13SEM	5	1:14:33.65	05:44	0:07:49
7	219	BARBOSA, Carlos	GLOBAL TRAIL	13M40	1	1:17:13.54	05:56	0:10:29
8	211	OLIVEIRA, Adriano	Lusitanos	13M45	2	1:18:03.31	06:00	0:11:18
9	240	ALVES, Manuel	Individual	13M55	1	1:18:22.93	06:02	0:11:38
10	212	PIRES, Nelson	Lusitanos	13SEM	6	1:19:32.28	06:07	0:12:47
11	278	NEVES, Luis	Equipotencia	13SEM	7	1:19:52.28	06:09	0:13:07
12	453	TEIXEIRA, Adriano	Individual	13M45	3	1:20:54.97	06:13	0:14:10
13	230	MARQUES, José	Individual	13M40	2	1:21:32.75	06:16	0:14:48
14	273	SALDANHA, José	Individual	13M45	4	1:21:32.95	06:16	0:14:48
15	414	GONÇALVES, Ricardo	Individual	13SEM	8	1:21:34.94	06:17	0:14:50
16	431	TEIXEIRA, Jose	Fridão Sem Limites	13SEM	9	1:23:38.51	06:26	0:16:54
17	440	CARVALHO, José	Individual	13SEM	10	1:23:38.99	06:26	0:16:54
18	215	BORGES, António	Individual	13M40	3	1:24:05.55	06:28	0:17:21
19	345	FERNANDES, Luis	Alive Runners	13SEM	11	1:24:17.29	06:29	0:17:32
20	346	AZEVEDO, Filipe	Alive Runners	13SEM	12	1:24:18.40	06:29	0:17:33
21	458	OLIVEIRA, André	4fitness	13SEM	13	1:25:38.12	06:35	0:18:53
22	456	COSTA, Edgar	Individual	13SEM	14	1:25:53.23	06:36	0:19:08
23	261	BESSA, Luís	Dragões do Vale do Vizela	13SEM	15	1:26:02.11	06:37	0:19:17
24	411	Alves, Sameiro	XL&S	13F40	1	1:26:27.34	06:39	0:19:42
25	221	NUNES, Fernando	Individual	13M40	4	1:26:31.44	06:39	0:19:46
26	336	FREITAS, Rui	Lotus Runners	13M40	5	1:28:01.38	06:46	0:21:16
27	614	GOMES, Domingos	Individual	13SEM	16	1:29:15.00	06:52	0:22:30
28	697	DUARTE, Nuno	Individual	13M40	6	1:29:17.07	06:52	0:22:32
29	383	CUNHA, Bruno	Individual	13SEM	17	1:29:44.76	06:54	0:23:00
30	238	DINIS, Joaquim	Os Santa Apolonia	13M45	5	1:30:00.67	06:55	0:23:16
31	328	CUNHA, Albertina	Individual	13SEF	1	1:30:01.61	06:56	0:23:17
32	326	SOUSA, Hugo	Individual	13M40	7	1:30:39.59	06:58	0:23:55
33	473	FERREIRA, José	Dragões do Vale do Vizela	13SEM	18	1:30:41.71	06:59	0:23:57
34	269	DILLEN, Joaquin	Fama Runners	13SEM	19	1:30:54.37	07:00	0:24:09
35	297	PEREIRA, Cristina	Individual	13SEF	2	1:31:46.66	07:04	0:25:02
36	332	COSTA, Rolando	Individual	13SEM	20	1:31:50.74	07:04	0:25:06
37	377	DUARTE, Pedro	Individual	13SEM	21	1:32:02.09	07:05	0:25:17
38	371	BARBOSA, Carlos	Individual	13SEM	22	1:32:18.76	07:06	0:25:34
39	373	MACEDO, António	Individual	13M40	8	1:32:19.91	07:06	0:25:35
40	289	VIEIRA, Pedro	Individual	13SEM	23	1:32:34.25	07:07	0:25:49
41	339	COSTA, Tiago	PuppyCat Team	13SEM	24	1:33:49.81	07:13	0:27:05
42	277	TELES, Marcelo	GTT - Armazém do Caffè	13SEM	25	1:34:12.05	07:15	0:27:27
43	242	QUEIROZ, Marco	Os barbudos da montanha	13SEM	26	1:34:36.66	07:17	0:27:52
44	397	MENESES, Ricardo	Os barbudos da montanha	13M40	9	1:34:50.80	07:18	0:28:06
45	379	MESQUITA, Paulo	Alive Runners	13M40	10	1:35:07.02	07:19	0:28:22
46	237	SANTOS, João	Individual	13SEM	27	1:35:09.84	07:19	0:28:25
47	376	NEVES, João	Equipotencia	13SEM	28	1:35:12.77	07:19	0:28:28
48	370	PEREIRA, Hugo	GTT - ARMAZÉM DO CAFFÈ	13SEM	29	1:35:16.72	07:20	0:28:32
49	239	OLIVEIRA, Carla	Os Santa Apolonia	13SEF	3	1:35:24.47	07:20	0:28:39
50	347	NOGUEIRA, Daniel	Alive Runners	13SEM	30	1:35:57.14	07:23	0:29:12
51	348	CAMPOS, Anselmo	Alive Runners	13SEM	31	1:35:57.28	07:23	0:29:12
52	375	MARTINS, Vitor	Equipotencia	13SEM	32	1:36:14.43	07:24	0:29:29
53	301	RIBEIRO, Rui	IDR	13SEM	33	1:36:24.70	07:25	0:29:40
54	272	SILVA, Ricardo	Individual	13SEM	34	1:36:24.76	07:25	0:29:40
55	281	FREITAS, Andre	Equipotencia	13SEM	35	1:36:53.34	07:27	0:30:08

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
56	243	PEREIRA, Adelino	Individual	13M40	11	1:36:58.66	07:28	0:30:14
57	478	MONTEIRO, Tiago	Individual	13SEM	36	1:37:19.11	07:29	0:30:34
58	412	Alves, Carlos	XL&S	13M45	6	1:38:01.69	07:32	0:31:17
59	365	FERREIRA, Ricardo	Alive Runners	13SEM	37	1:38:43.25	07:36	0:31:58
60	307	CARVALHO, Albino	SVA Automóveis	13M40	12	1:38:45.29	07:36	0:32:00
61	304	ALMEIDA, Marco	SVA Automóveis	13SEM	38	1:38:47.34	07:36	0:32:02
62	305	OLIVEIRA, Paulo	SVA Automóveis	13M40	13	1:38:50.78	07:36	0:32:06
63	480	OLIVEIRA, Eduardo	Vimarunners	13SEM	39	1:40:01.06	07:42	0:33:16
64	335	PEREIRA, Joao	Lotus Runners	13SEM	40	1:40:05.03	07:42	0:33:20
65	205	PINTO, Rui	Individual	13SEM	41	1:40:33.96	07:44	0:33:49
66	388	FERREIRA, Joao	Individual	13SEM	42	1:40:44.71	07:45	0:34:00
67	327	CRUZ, Luisa	Individual	13SEF	4	1:40:49.80	07:45	0:34:05
68	342	MAGALHÃES, Alberto	Run 4 All	13SEM	43	1:40:59.38	07:46	0:34:14
69	298	NETO, Avelino	Individual	13SEM	44	1:41:00.82	07:46	0:34:16
70	368	COELHO, Vitor	Individual	13SEM	45	1:41:01.09	07:46	0:34:16
71	479	SILVA, Jorge	Individual	13SEM	46	1:41:01.19	07:46	0:34:16
72	472	SILVA, Maria	Dragões do Vale do Vizela	13F40	2	1:41:09.18	07:47	0:34:24
73	467	VIEIRA, André	Individual	13SEM	47	1:41:29.76	07:48	0:34:45
74	409	CUNHA, André	Individual	13SEM	48	1:41:49.01	07:50	0:35:04
75	227	LEAO, Paulo	Individual	13SEM	49	1:41:58.12	07:51	0:35:13
76	324	CARNEIRO, José	Fisiojane	13SEM	50	1:41:58.73	07:51	0:35:14
77	385	PINTO, Marcelo	Individual	13SEM	51	1:42:24.98	07:53	0:35:40
78	251	GONÇALVES, Carla	Individual	13F40	3	1:42:25.85	07:53	0:35:41
79	283	TEIXEIRA, Diogo	True Evolution	13SEM	52	1:42:50.44	07:55	0:36:05
80	418	SILVA, Tiago	Individual	13SEM	53	1:43:11.65	07:56	0:36:27
81	284	RIBEIRO, Vítor	Individual	13SEM	54	1:44:56.49	08:04	0:38:11
82	203	VIEIRA, Luis	Individual	13SEM	55	1:44:56.63	08:04	0:38:12
83	389	TEIXEIRA, Flávio	Individual	13SEM	56	1:44:58.74	08:05	0:38:14
84	374	TEIXEIRA, Joel	Individual	13SEM	57	1:44:58.75	08:05	0:38:14
85	381	MACHADO, José	Alive Runners	13M45	7	1:45:08.40	08:05	0:38:23
86	380	BARROSO, João	Alive Runners	13SEM	58	1:45:08.89	08:05	0:38:24
87	344	CASTRO, Renato	Individual	13SEM	59	1:45:21.22	08:06	0:38:36
88	210	ROSAS, Rui	Lusitanos	13SEM	60	1:45:21.49	08:06	0:38:36
89	454	LEITE, Anselmo	Individual	13M40	14	1:45:23.82	08:06	0:38:39
90	204	DUARTE, José	Individual	13M40	15	1:46:03.77	08:10	0:39:19
91	263	RIBEIRO, Rui	Fama Runners	13SEM	61	1:46:10.87	08:10	0:39:26
92	245	ALVES, Daniela	Individual	13SEF	5	1:46:11.10	08:10	0:39:26
93	482	TEIXEIRA, Carlos	BTT Pinoco	13SEM	62	1:46:11.33	08:10	0:39:26
94	321	FARIA, Vitor	bttpinoco	13M40	16	1:46:21.69	08:11	0:39:37
95	322	GOUVEIA, José	bttpinoco	13SEM	63	1:46:37.73	08:12	0:39:53
96	470	GOMES, Ricardo	Individual	13SEM	64	1:46:38.09	08:12	0:39:53
97	213	RODRIGUES, Fernando	Lusitanos	13M50	1	1:46:52.68	08:13	0:40:08
98	422	SILVA, Filipe	Team da Nigéria	13SEM	65	1:46:55.40	08:13	0:40:10
99	432	RIBEIRO, Manuel	Individual	13M55	2	1:46:58.49	08:14	0:40:13
100	258	CASTRO, Vítor	Fisiojoane	13M40	17	1:46:58.76	08:14	0:40:14
101	390	ARAÚJO, Ricardo	Individual	13SEM	66	1:47:19.06	08:15	0:40:34
102	290	PEREIRA, Alzira	Individual	13F40	4	1:47:31.90	08:16	0:40:47
103	292	PEREIRA, Luciano	Individual	13SEM	67	1:47:33.12	08:16	0:40:48
104	285	TEIXEIRA, Silivia	Sweet Runners	13SEF	6	1:47:44.48	08:17	0:40:59
105	223	BARROSO, Sergio	Individual	13SEM	68	1:47:46.58	08:17	0:41:02
106	654	BOITEAU, Severine	Individual	13F40	5	1:48:04.09	08:19	0:41:19
107	459	VIEIRA, Nuno	Individual	13SEM	69	1:48:09.08	08:19	0:41:24
108	317	RIBEIRO, Joaquim	Equipotencia	13SEM	70	1:48:09.72	08:19	0:41:25
109	663	FERNANDES, Rui	Alive Runners	13SEM	71	1:48:11.55	08:19	0:41:27
110	484	MENDES, José	Indidual	13M50	2	1:48:19.87	08:20	0:41:35
111	355	SILVA, Carlos	Alive Runners	13M40	18	1:48:36.73	08:21	0:41:52
112	441	OLIVEIRA, Carlos	Individual	13SEM	72	1:48:37.61	08:21	0:41:53
113	357	LIMA, António	Alive Runners	13SEM	73	1:48:38.28	08:21	0:41:53
114	428	EMIDIO, Manuel	Individual	13M60	1	1:48:45.60	08:22	0:42:01
115	341	LIMA, Samuel	BTTPINOCO	13SEM	74	1:49:23.42	08:25	0:42:38

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
116	296	RODRIGUES, José	Individual	13M45	8	1:50:06.13	08:28	0:43:21
117	460	MELLO, Joao	Individual	13SEM	75	1:50:24.80	08:30	0:43:40
118	250	GOMES, Daniel	Individual	13M45	9	1:50:36.02	08:30	0:43:51
119	415	MEIRELES, Ricardo	Individual	13SEM	76	1:51:00.05	08:32	0:44:15
120	399	FERREIRA, Pedro	Individual	13SEM	77	1:51:11.35	08:33	0:44:26
121	257	CARNEIRO, José	Individual	13SEM	78	1:51:13.63	08:33	0:44:29
122	469	FREITAS, Fernando	Individual	13SEM	79	1:51:58.35	08:37	0:45:13
123	282	TEIXEIRA, João	True Evolution	13SEM	80	1:52:06.33	08:37	0:45:21
124	402	GONÇALVES, Pedro	Individual	13M40	19	1:52:10.98	08:38	0:45:26
125	323	LOPES, Miguel	Individual	13SEM	81	1:52:13.48	08:38	0:45:28
126	349	MACHADO, Romeu	Alive Runners	13SEM	82	1:52:27.39	08:39	0:45:42
127	475	SOUSA, Rita	Individual	13SEF	7	1:52:27.43	08:39	0:45:42
128	209	OLIVEIRA, Vitor	True evolution	13SEM	83	1:53:16.63	08:43	0:46:32
129	351	MONTEIRO, Hugo	Alive Runners	13SEM	84	1:53:20.63	08:43	0:46:36
130	270	SANTOS, Natália	Fama Runners	13SEF	8	1:53:56.74	08:46	0:47:12
131	384	SAMPAIO, Rui	Individual	13SEM	85	1:53:56.82	08:46	0:47:12
132	262	VALE, Jorge	Fama Runners	13M50	3	1:53:56.82	08:46	0:47:12
133	200	LEÃO, Fernanda	Sweet Runners	13F40	6	1:54:14.81	08:47	0:47:30
134	271	VILHENA, Rosa	Fama Runners	13F50	1	1:54:18.05	08:48	0:47:33
135	217	OSORIO, Sergio	GLOBAL TRAIL	13M40	20	1:55:02.43	08:51	0:48:17
136	610	FERNANDES, Marco	SCORE HEALTH CLUB	13SEM	86	1:55:23.69	08:53	0:48:39
137	426	MAGALHÃES, Cristiano	Individual	13SEM	87	1:55:30.43	08:53	0:48:45
138	334	SOUSA, Célia	invictus Oporto team	13SEF	9	1:55:38.77	08:54	0:48:54
139	416	SILVA, Ricardo	Individual	13M40	21	1:56:04.15	08:56	0:49:19
140	362	OLIVEIRA, Maria	Alive Runners	13SEF	10	1:56:12.03	08:56	0:49:27
141	361	ALMEIDA, André	Alive Runners	13SEM	88	1:56:12.20	08:56	0:49:27
142	410	LOPES, Paulo	Individual	13M40	22	1:56:21.52	08:57	0:49:37
143	201	RESENDE, Rita	Girls4Run	13SEF	11	1:56:22.68	08:57	0:49:38
144	202	PRESA, Aida	Girls4Run	13F40	7	1:56:23.24	08:57	0:49:38
145	235	ALVES, Mariana	Individual	13SEF	12	1:56:32.72	08:58	0:49:48
146	234	ALVES, Diogo	Individual	13SEM	89	1:56:34.19	08:58	0:49:49
147	247	FERREIRA, Paulo	Os barbudos da montanha	13SEM	90	1:56:35.69	08:58	0:49:51
148	446	DIAS, Silvia	Vimarunners	13SEF	13	1:56:38.35	08:58	0:49:53
149	436	MONTEIRO, Filipe	Individual	13SEM	91	1:57:04.52	09:00	0:50:20
150	353	SALGADO, Vitor	Alive Runners	13M40	23	1:57:06.12	09:00	0:50:21
151	310	COSTA, Oscar	Equipotencia	13SEM	92	1:57:14.13	09:01	0:50:29
152	424	SILVA, Susana	Team da Nigéria	13SEF	14	1:58:20.41	09:06	0:51:35
153	386	RIBEIRO, Helena	Individual	13SEF	15	1:58:50.51	09:09	0:52:06
154	464	MANUELA, Ana	4fitness	13SEF	16	1:59:16.44	09:10	0:52:31
155	363	SANTOS, Eva	Alive Runners	13F40	8	1:59:34.83	09:12	0:52:50
156	364	PEREIRA, Victor	Alive Runners	13M45	10	1:59:35.08	09:12	0:52:50
157	231	CUNHA, Nuno	Individual	13SEM	93	2:00:17.23	09:15	0:53:32
158	274	COTO, Marta	LC-TEAM	13SEF	17	2:00:18.92	09:15	0:53:34
159	398	LEMOS, Francisco	LC-TEAM	13SEM	94	2:00:19.56	09:15	0:53:35
160	246	GONÇALVES, Telma	Sweet Runners	13SEF	18	2:00:29.81	09:16	0:53:45
161	320	OLIVEIRA, Liliana	SWEET RUNNERS	13SEF	19	2:00:30.07	09:16	0:53:45
162	474	FARIA, Elisabete	Individual	13SEF	20	2:00:32.18	09:16	0:53:47
163	457	TEIXEIRA, José	Individual	13M55	3	2:00:33.23	09:16	0:53:48
164	403	CUNHA, Antonio	Individual	13M40	24	2:00:33.65	09:16	0:53:49
165	330	CARNEIRO, Giselle	Sweet runners	13F40	9	2:00:38.52	09:17	0:53:54
166	232	RODRIGUES, Eduardo	30Over30marathon	13M40	25	2:00:55.10	09:18	0:54:10
167	233	MARTINS, Martinho	30Over30marathon	13M40	26	2:00:55.35	09:18	0:54:10
168	439	RODRIGUES, André	30Over30Marathon	13SEM	95	2:00:55.43	09:18	0:54:10
169	396	SILVA, Rui	Os barbudos da montanha	13SEM	96	2:01:12.87	09:19	0:54:28
170	417	DINIS, Fernando	Individual	13M45	11	2:01:27.14	09:21	0:54:42
171	260	CARVALHO, Adriana	Fisiojoane	13SEF	21	2:01:28.82	09:21	0:54:44
172	443	COUTINHO, Filipe	Individual	13SEM	97	2:01:31.18	09:21	0:54:46
173	435	HORÁCIO, Pedro	Individual	13SEM	98	2:01:31.40	09:21	0:54:46
174	259	PEIXOTO, Marta	Fisiojoane	13SEF	22	2:01:31.89	09:21	0:54:47
175	447	LEITE, Mario	Individual	13SEM	99	2:03:08.08	09:28	0:56:23

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
176	611	SILVA, Joao	SCORE HEALTH CLUB	13SEM	100	2:03:24.59	09:30	0:56:40
177	455	LOPES, Helder	Individual	13SEM	101	2:03:28.95	09:30	0:56:44
178	354	SOUSA, Maria	Alive Runners	13SEF	23	2:03:37.90	09:31	0:56:53
179	236	CARDOSO, Vera	Individual	13SEF	24	2:04:06.83	09:33	0:57:22
180	434	ALVES, Susana	Individual	13F40	10	2:04:27.06	09:34	0:57:42
181	325	COSTA, Carla	Individual	13F40	11	2:04:49.04	09:36	0:58:04
182	445	GOMES, Jose	Individual	13M50	4	2:04:49.99	09:36	0:58:05
183	437	RODRIGUES, Carlos	Individual	13SEM	102	2:04:50.09	09:36	0:58:05
184	449	NEVES, Carla	Ortoneves	13F40	12	2:05:29.11	09:39	0:58:44
185	450	NEVES, Joaquim	Ortoneves	13M45	12	2:05:32.76	09:39	0:58:48
186	420	PINTO, Nelson	Team da Nigéria	13SEM	103	2:05:34.12	09:40	0:58:49
187	612	FERNANDES, Augusto	SCORE HEALTH CLUB	13M40	27	2:06:30.40	09:44	0:59:45
188	452	MONTEIRO, Ricardo	Individual	13SEM	104	2:06:30.65	09:44	0:59:46
189	220	SILVA, Sergio	GLOBAL TRAIL	13M40	28	2:07:00.12	09:46	1:00:15
190	268	FIGUEIREDO, João	Fama Runners	13SEM	105	2:07:12.10	09:47	1:00:27
191	477	FERREIRA, Vera	Os 2 Mosqueteiros	13SEF	25	2:07:51.45	09:50	1:01:06
192	312	MARQUES, Eduardo	Os 2 Mosqueteiros	13SEM	106	2:07:52.43	09:50	1:01:07
193	299	MEIRELES, Duarte	Alive Runners	13SEM	107	2:07:55.24	09:50	1:01:10
194	208	RUFINO, Miguel	Individual	13M45	13	2:08:46.94	09:54	1:02:02
195	392	COSTA, Emília	Os Pedrosas	13SEF	26	2:09:47.12	09:59	1:03:02
196	391	PEDROSA, Tiago	Os Pedrosas	13SEM	108	2:09:47.12	09:59	1:03:02
197	405	SILVA, Pedro	Individual	13SEM	109	2:10:30.88	10:02	1:03:46
198	319	GONÇALVES, António	Individual	13SEM	110	2:10:37.09	10:03	1:03:52
199	318	BASTOS, Rúben	Individual	13SEM	111	2:10:38.72	10:03	1:03:54
200	218	SOARES, Antonio	GLOBAL TRAIL	13M40	29	2:11:12.88	10:06	1:04:28
201	280	NEVES, Abilio	Equipotencia	13M55	4	2:11:30.26	10:07	1:04:45
202	241	ARAÚJO, Margarida	Individual	13SEF	27	2:11:36.61	10:07	1:04:52
203	249	ALVES, Liliana	ErmidaFit Runners	13SEF	28	2:11:36.65	10:07	1:04:52
204	401	PEREIRA, Rui	Individual	13SEM	112	2:11:45.35	10:08	1:05:00
205	331	MOTA, Andreia	Individual	13SEF	29	2:14:22.74	10:20	1:07:38
206	226	CARREIRA, Rosa	Individual	13SEF	30	2:14:22.75	10:20	1:07:38
207	423	RIBEIRO, Lucia	Team da Nigéria	13SEF	31	2:14:25.37	10:20	1:07:40
208	264	SILVA, Juliana	Fama Runners	13SEF	32	2:14:25.51	10:20	1:07:41
209	300	BARROSO, Paulo	Alive Runners	13M45	14	2:14:26.87	10:21	1:07:42
210	378	DUARTE, Filipa	Individual	13SEF	33	2:14:57.15	10:23	1:08:12
211	244	ANDRADE, Ana	Individual	13SEF	34	2:14:58.20	10:23	1:08:13
212	438	ABREU, Ana	Individual	13SEF	35	2:14:58.28	10:23	1:08:13
213	276	MOREIRA, Marina	barbosa	13F50	2	2:14:58.43	10:23	1:08:13
214	372	CUNHA, Sandra	Individual	13F40	13	2:14:59.80	10:23	1:08:15
215	302	RIBEIRO, Dácia	IDR	13SEF	36	2:17:01.95	10:32	1:10:17
216	303	RIBEIRO, Ivone	IDR	13SEF	37	2:17:03.13	10:33	1:10:18
217	419	COELHO, Joaquim	Individual	13M50	5	2:17:04.89	10:33	1:10:20
218	462	FREITAS, Vera	4fitness	13SEF	38	2:17:12.23	10:33	1:10:27
219	463	CUNHA, Jose	4fitness	13M45	15	2:17:13.89	10:33	1:10:29
220	461	ESTEVES, Odete	4fitness	13SEF	39	2:17:15.18	10:33	1:10:30
221	395	FERREIRA, Luis	Aguentas?	13SEM	113	2:19:36.46	10:44	1:12:51
222	442	PACHECO, Pedro	Individual	13SEM	114	2:19:51.87	10:46	1:13:07
223	476	MOTA, Mónica	Individual	13SEF	40	2:20:08.67	10:47	1:13:24
224	338	SOUSA, Sónia	Individual	13SEF	41	2:20:09.79	10:47	1:13:25
225	387	MACHADO, Sandra	Individual	13SEF	42	2:21:59.72	10:55	1:15:15
226	444	COSTA, Susana	Individual	13SEF	43	2:22:52.07	10:59	1:16:07
227	425	GOMES, Manuela	Individual	13SEF	44	2:23:00.95	11:00	1:16:16
228	350	THOMÉ, Paula	Alive Runners	13F40	14	2:25:27.74	11:11	1:18:43
229	279	SANTOS, Micaela	Equipotencia	13SEF	45	2:25:42.79	11:13	1:18:58
230	309	COELHO, Sandra	Equipotencia	13SEF	46	2:25:42.92	11:13	1:18:58
231	308	TAIPA, Susana	Equipotencia	13SEF	47	2:25:47.14	11:13	1:19:02
232	222	GARRIDO, Soraia	Individual	13SEF	48	2:25:59.60	11:14	1:19:15
233	337	FREITAS, Fátima	Individual	13SEF	49	2:26:05.77	11:14	1:19:21
234	481	MOREIRA, Maria	BARBOSA	13F50	3	2:26:20.78	11:15	1:19:36
235	275	BARBOSA, Augusto	barbosa	13M50	6	2:26:24.41	11:16	1:19:39

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
236	254	CARNEIRO, Ana	ErmidaFit Runners	13SEF	50	2:26:48.35	11:18	1:20:03
237	267	SILVA, Fernando	Fama Runners	13SEM	115	2:26:48.54	11:18	1:20:04
238	295	COSTA, Joana	Big-a-ceira	13SEF	51	2:33:09.41	11:47	1:26:24
239	293	PAIVA, Sónia	Big-a-ceira	13SEF	52	2:33:09.92	11:47	1:26:25
240	294	GONÇALVES, Cristiano	Big-a-ceira	13SEM	116	2:33:11.57	11:47	1:26:27
241	228	LEAO, Teresa	Individual	13SEF	53	2:37:06.41	12:05	1:30:21
242	313	FERREIRA, Vera	Os 2 Mosqueteiros	13SEF	54	2:37:07.44	12:05	1:30:22
243	229	SILVA, Paulo	Individual	13SEM	117	2:37:09.00	12:05	1:30:24
244	400	OLIVEIRA, Marco	Individual	13SEM	118	2:42:41.21	12:31	1:35:56
245	483	AZEVEDO, Paulo	Individual	13SEM	119	2:42:41.43	12:31	1:35:56
246	255	FONTES, Rosa	Individual	13F40	15	2:43:22.60	12:34	1:36:38
247	407	FONTES, Delmina	Individual	13F40	16	2:43:23.15	12:34	1:36:38
248	413	PEREIRA, Sónia	Individual	13SEF	55	2:44:47.30	12:41	1:38:02
249	216	OLIVEIRA, Maria	Individual	13F40	17	2:44:47.53	12:41	1:38:03
250	356	SILVA, Liliana	Alive Runners	13SEF	56	2:45:49.11	12:45	1:39:04
251	466	LOPES, Ivone	4fitness	13SEF	57	2:46:51.38	12:50	1:40:06
252	465	COSTA, Miguel	4fitness	13M40	30	2:46:52.78	12:50	1:40:08
253	429	DIAS, Marisa	ERMIDAFIT RUNNERS	13SEF	58	2:50:36.57	13:07	1:43:52
254	248	PEREIRA, Natália	Ermidafit runners	13SEF	59	2:50:36.71	13:07	1:43:52
255	360	BARBOSA, Aida	Alive Runners	13F40	18	2:52:43.27	13:17	1:45:58
256	358	LIMA, Sónia	Alive Runners	13SEF	60	2:52:43.27	13:17	1:45:58
257	394	BASTOS, Jorge	Aguentas?	13SEM	120	2:52:57.29	13:18	1:46:12
258	393	OLIVEIRA, Moisés	Aguentas?	13SEM	121	2:52:57.70	13:18	1:46:13

Trail Rota do Bolinhol

Classificação Geral Fem - 13km

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
1	411	ALVES, Sameiro	XL&S	13F40	1	1:26:27.34	06:39	
2	328	CUNHA, Albertina	Individual	13SEF	1	1:30:01.61	06:56	0:03:35
3	297	PEREIRA, Cristina	Individual	13SEF	2	1:31:46.66	07:04	0:05:20
4	239	OLIVEIRA, Carla	Os Santa Apolonia	13SEF	3	1:35:24.47	07:20	0:08:57
5	327	CRUZ, Luisa	Individual	13SEF	4	1:40:49.80	07:45	0:14:23
6	472	SILVA, Maria	Dragões do Vale do Vizela	13F40	2	1:41:09.18	07:47	0:14:42
7	251	GONÇALVES, Carla	Individual	13F40	3	1:42:25.85	07:53	0:15:59
8	245	ALVES, Daniela	Individual	13SEF	5	1:46:11.10	08:10	0:19:44
9	290	PEREIRA, Alzira	Individual	13F40	4	1:47:31.90	08:16	0:21:05
10	285	TEIXEIRA, Silivia	Sweet Runners	13SEF	6	1:47:44.48	08:17	0:21:17
11	654	BOITEAU, Severine	Individual	13F40	5	1:48:04.09	08:19	0:21:37
12	475	SOUSA, Rita	Individual	13SEF	7	1:52:27.43	08:39	0:26:00
13	270	SANTOS, Natália	Fama Runners	13SEF	8	1:53:56.74	08:46	0:27:30
14	200	LEÃO, Fernanda	Sweet Runners	13F40	6	1:54:14.81	08:47	0:27:48
15	271	VILHENA, Rosa	Fama Runners	13F50	1	1:54:18.05	08:48	0:27:51
16	334	SOUSA, Célia	invictus Oporto team	13SEF	9	1:55:38.77	08:54	0:29:12
17	362	OLIVEIRA, Maria	Alive Runners	13SEF	10	1:56:12.03	08:56	0:29:45
18	201	RESENDE, Rita	Girls4Run	13SEF	11	1:56:22.68	08:57	0:29:56
19	202	PRESA, Aida	Girls4Run	13F40	7	1:56:23.24	08:57	0:29:56
20	235	ALVES, Mariana	Individual	13SEF	12	1:56:32.72	08:58	0:30:06
21	446	DIAS, Silvia	Vimarunners	13SEF	13	1:56:38.35	08:58	0:30:11
22	424	SILVA, Susana	Team da Nigéria	13SEF	14	1:58:20.41	09:06	0:31:53
23	386	RIBEIRO, Helena	Individual	13SEF	15	1:58:50.51	09:09	0:32:24
24	464	MANUELA, Ana	4fitness	13SEF	16	1:59:16.44	09:10	0:32:49
25	363	SANTOS, Eva	Alive Runners	13F40	8	1:59:34.83	09:12	0:33:08
26	274	COTO, Marta	LC-TEAM	13SEF	17	2:00:18.92	09:15	0:33:52
27	246	GONÇALVES, Telma	Sweet Runners	13SEF	18	2:00:29.81	09:16	0:34:03
28	320	OLIVEIRA, Liliana	SWEET RUNNERS	13SEF	19	2:00:30.07	09:16	0:34:03
29	474	FARIA, Elisabete	Individual	13SEF	20	2:00:32.18	09:16	0:34:05
30	330	CARNEIRO, Giselle	Sweet runners	13F40	9	2:00:38.52	09:17	0:34:12
31	260	CARVALHO, Adriana	Fisiojoane	13SEF	21	2:01:28.82	09:21	0:35:02
32	259	PEIXOTO, Marta	Fisiojoane	13SEF	22	2:01:31.89	09:21	0:35:05
33	354	SOUSA, Maria	Alive Runners	13SEF	23	2:03:37.90	09:31	0:37:11
34	236	CARDOSO, Vera	Individual	13SEF	24	2:04:06.83	09:33	0:37:40
35	434	ALVES, Susana	Individual	13F40	10	2:04:27.06	09:34	0:38:00
36	325	COSTA, Carla	Individual	13F40	11	2:04:49.04	09:36	0:38:22
37	449	NEVES, Carla	Ortoneves	13F40	12	2:05:29.11	09:39	0:39:02
38	477	FERREIRA, Vera	Os 2 Mosqueteiros	13SEF	25	2:07:51.45	09:50	0:41:24
39	392	COSTA, Emília	Os Pedrosas	13SEF	26	2:09:47.12	09:59	0:43:20
40	241	ARAÚJO, Margarida	Individual	13SEF	27	2:11:36.61	10:07	0:45:10
41	249	ALVES, Liliana	ErmidaFit Runners	13SEF	28	2:11:36.65	10:07	0:45:10
42	331	MOTA, Andreia	Individual	13SEF	29	2:14:22.74	10:20	0:47:56
43	226	CARREIRA, Rosa	Individual	13SEF	30	2:14:22.75	10:20	0:47:56
44	423	RIBEIRO, Lucia	Team da Nigéria	13SEF	31	2:14:25.37	10:20	0:47:58
45	264	SILVA, Juliana	Fama Runners	13SEF	32	2:14:25.51	10:20	0:47:59
46	378	DUARTE, Filipa	Individual	13SEF	33	2:14:57.15	10:23	0:48:30
47	244	ANDRADE, Ana	Individual	13SEF	34	2:14:58.20	10:23	0:48:31
48	438	ABREU, Ana	Individual	13SEF	35	2:14:58.28	10:23	0:48:31
49	276	MOREIRA, Marina	barbosa	13F50	2	2:14:58.43	10:23	0:48:31
50	372	CUNHA, Sandra	Individual	13F40	13	2:14:59.80	10:23	0:48:33
51	302	RIBEIRO, Dácia	IDR	13SEF	36	2:17:01.95	10:32	0:50:35
52	303	RIBEIRO, Ivone	IDR	13SEF	37	2:17:03.13	10:33	0:50:36
53	462	FREITAS, Vera	4fitness	13SEF	38	2:17:12.23	10:33	0:50:45
54	461	ESTEVES, Odete	4fitness	13SEF	39	2:17:15.18	10:33	0:50:48
55	476	MOTA, Mónica	Individual	13SEF	40	2:20:08.67	10:47	0:53:42

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
56	338	SOUSA, Sónia	Individual	13SEF	41	2:20:09.79	10:47	0:53:43
57	387	MACHADO, Sandra	Individual	13SEF	42	2:21:59.72	10:55	0:55:33
58	444	COSTA, Susana	Individual	13SEF	43	2:22:52.07	10:59	0:56:25
59	425	GOMES, Manuela	Individual	13SEF	44	2:23:00.95	11:00	0:56:34
60	350	THOMÉ, Paula	Alive Runners	13F40	14	2:25:27.74	11:11	0:59:01
61	279	SANTOS, Micaela	Equipotencia	13SEF	45	2:25:42.79	11:13	0:59:16
62	309	COELHO, Sandra	Equipotencia	13SEF	46	2:25:42.92	11:13	0:59:16
63	308	TAIPA, Susana	Equipotencia	13SEF	47	2:25:47.14	11:13	0:59:20
64	222	GARRIDO, Soraia	Individual	13SEF	48	2:25:59.60	11:14	0:59:33
65	337	FREITAS, Fátima	Individual	13SEF	49	2:26:05.77	11:14	0:59:39
66	481	MOREIRA, Maria	BARBOSA	13F50	3	2:26:20.78	11:15	0:59:54
67	254	CARNEIRO, Ana	ErmidaFit Runners	13SEF	50	2:26:48.35	11:18	1:00:21
68	295	COSTA, Joana	Big-a-ceira	13SEF	51	2:33:09.41	11:47	1:06:42
69	293	PAIVA, Sónia	Big-a-ceira	13SEF	52	2:33:09.92	11:47	1:06:43
70	228	LEAO, Teresa	Individual	13SEF	53	2:37:06.41	12:05	1:10:39
71	313	FERREIRA, Vera	Os 2 Mosqueteiros	13SEF	54	2:37:07.44	12:05	1:10:40
72	255	FONTES, Rosa	Individual	13F40	15	2:43:22.60	12:34	1:16:56
73	407	FONTES, Delmina	Individual	13F40	16	2:43:23.15	12:34	1:16:56
74	413	PEREIRA, Sónia	Individual	13SEF	55	2:44:47.30	12:41	1:18:20
75	216	OLIVEIRA, Maria	Individual	13F40	17	2:44:47.53	12:41	1:18:21
76	356	SILVA, Liliana	Alive Runners	13SEF	56	2:45:49.11	12:45	1:19:22
77	466	LOPES, Ivone	4fitness	13SEF	57	2:46:51.38	12:50	1:20:24
78	429	DIAS, Marisa	ERMIDAFIT RUNNERS	13SEF	58	2:50:36.57	13:07	1:24:10
79	248	PEREIRA, Natália	Ermidafit runners	13SEF	59	2:50:36.71	13:07	1:24:10
80	358	LIMA, Sónia	Alive Runners	13SEF	60	2:52:43.27	13:17	1:26:16
81	360	BARBOSA, Aida	Alive Runners	13F40	18	2:52:43.27	13:17	1:26:16

Trail Rota do Bolinhol

Classificação Geral Masc - 13km

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
1	288	CARDOSO, Nuno	Onesoul Crossfit	13SEM	1	1:06:45.42	05:08	
2	408	OLIVEIRA, Hélder	Dragões do Vale do Vizela	13SEM	2	1:08:30.69	05:16	0:01:46
3	265	VIEIRA, Paulo	Fama Runners	13SEM	3	1:11:07.65	05:28	0:04:23
4	207	QUEIRÓS, José	Individual	13M45	1	1:13:54.20	05:41	0:07:09
5	433	SILVA, Duarte	Individual	13SEM	4	1:14:22.15	05:43	0:07:37
6	266	ALVES, Nuno	Fama Runners	13SEM	5	1:14:33.65	05:44	0:07:49
7	219	BARBOSA, Carlos	GLOBAL TRAIL	13M40	1	1:17:13.54	05:56	0:10:29
8	211	OLIVEIRA, Adriano	Lusitanos	13M45	2	1:18:03.31	06:00	0:11:18
9	240	ALVES, Manuel	Individual	13M55	1	1:18:22.93	06:02	0:11:38
10	212	PIRES, Nelson	Lusitanos	13SEM	6	1:19:32.28	06:07	0:12:47
11	278	NEVES, Luis	Equipotencia	13SEM	7	1:19:52.28	06:09	0:13:07
12	453	TEIXEIRA, Adriano	Individual	13M45	3	1:20:54.97	06:13	0:14:10
13	230	MARQUES, José	Individual	13M40	2	1:21:32.75	06:16	0:14:48
14	273	SALDANHA, José	Individual	13M45	4	1:21:32.95	06:16	0:14:48
15	414	GONÇALVES, Ricardo	Individual	13SEM	8	1:21:34.94	06:17	0:14:50
16	431	TEIXEIRA, Jose	Fridão Sem Limites	13SEM	9	1:23:38.51	06:26	0:16:54
17	440	CARVALHO, José	Individual	13SEM	10	1:23:38.99	06:26	0:16:54
18	215	BORGES, António	Individual	13M40	3	1:24:05.55	06:28	0:17:21
19	345	FERNANDES, Luis	Alive Runners	13SEM	11	1:24:17.29	06:29	0:17:32
20	346	AZEVEDO, Filipe	Alive Runners	13SEM	12	1:24:18.40	06:29	0:17:33
21	458	OLIVEIRA, André	4fitness	13SEM	13	1:25:38.12	06:35	0:18:53
22	456	COSTA, Edgar	Individual	13SEM	14	1:25:53.23	06:36	0:19:08
23	261	BESSA, Luís	Dragões do Vale do Vizela	13SEM	15	1:26:02.11	06:37	0:19:17
24	221	NUNES, Fernando	Individual	13M40	4	1:26:31.44	06:39	0:19:46
25	336	FREITAS, Rui	Lotus Runners	13M40	5	1:28:01.38	06:46	0:21:16
26	614	GOMES, Domingos	Individual	13SEM	16	1:29:15.00	06:52	0:22:30
27	697	DUARTE, Nuno	Individual	13M40	6	1:29:17.07	06:52	0:22:32
28	383	CUNHA, Bruno	Individual	13SEM	17	1:29:44.76	06:54	0:23:00
29	238	DINIS, Joaquim	Os Santa Apolonia	13M45	5	1:30:00.67	06:55	0:23:16
30	326	SOUSA, Hugo	Individual	13M40	7	1:30:39.59	06:58	0:23:55
31	473	FERREIRA, José	Dragões do Vale do Vizela	13SEM	18	1:30:41.71	06:59	0:23:57
32	269	DILLEN, Joaquin	Fama Runners	13SEM	19	1:30:54.37	07:00	0:24:09
33	332	COSTA, Rolando	Individual	13SEM	20	1:31:50.74	07:04	0:25:06
34	377	DUARTE, Pedro	Individual	13SEM	21	1:32:02.09	07:05	0:25:17
35	371	BARBOSA, Carlos	Individual	13SEM	22	1:32:18.76	07:06	0:25:34
36	373	MACEDO, António	Individual	13M40	8	1:32:19.91	07:06	0:25:35
37	289	VIEIRA, Pedro	Individual	13SEM	23	1:32:34.25	07:07	0:25:49
38	339	COSTA, Tiago	PuppyCat Team	13SEM	24	1:33:49.81	07:13	0:27:05
39	277	TELES, Marcelo	GTT - Armazém do Caffè	13SEM	25	1:34:12.05	07:15	0:27:27
40	242	QUEIROZ, Marco	Os barbudos da montanha	13SEM	26	1:34:36.66	07:17	0:27:52
41	397	MENESES, Ricardo	Os barbudos da montanha	13M40	9	1:34:50.80	07:18	0:28:06
42	379	MESQUITA, Paulo	Alive Runners	13M40	10	1:35:07.02	07:19	0:28:22
43	237	SANTOS, João	Individual	13SEM	27	1:35:09.84	07:19	0:28:25
44	376	NEVES, João	Equipotencia	13SEM	28	1:35:12.77	07:19	0:28:28
45	370	PEREIRA, Hugo	GTT - ARMAZÉM DO CAFFÈ	13SEM	29	1:35:16.72	07:20	0:28:32
46	347	NOGUEIRA, Daniel	Alive Runners	13SEM	30	1:35:57.14	07:23	0:29:12
47	348	CAMPOS, Anselmo	Alive Runners	13SEM	31	1:35:57.28	07:23	0:29:12
48	375	MARTINS, Vitor	Equipotencia	13SEM	32	1:36:14.43	07:24	0:29:29
49	301	RIBEIRO, Rui	IDR	13SEM	33	1:36:24.70	07:25	0:29:40
50	272	SILVA, Ricardo	Individual	13SEM	34	1:36:24.76	07:25	0:29:40
51	281	FREITAS, Andre	Equipotencia	13SEM	35	1:36:53.34	07:27	0:30:08
52	243	PEREIRA, Adelino	Individual	13M40	11	1:36:58.66	07:28	0:30:14
53	478	MONTEIRO, Tiago	Individual	13SEM	36	1:37:19.11	07:29	0:30:34
54	412	Alves, Carlos	XL&S	13M45	6	1:38:01.69	07:32	0:31:17
55	365	FERREIRA, Ricardo	Alive Runners	13SEM	37	1:38:43.25	07:36	0:31:58

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
56	307	CARVALHO, Albino	SVA Automóveis	13M40	12	1:38:45.29	07:36	0:32:00
57	304	ALMEIDA, Marco	SVA Automóveis	13SEM	38	1:38:47.34	07:36	0:32:02
58	305	OLIVEIRA, Paulo	SVA Automóveis	13M40	13	1:38:50.78	07:36	0:32:06
59	480	OLIVEIRA, Eduardo	Vimarunners	13SEM	39	1:40:01.06	07:42	0:33:16
60	335	PEREIRA, Joao	Lotus Runners	13SEM	40	1:40:05.03	07:42	0:33:20
61	205	PINTO, Rui	Individual	13SEM	41	1:40:33.96	07:44	0:33:49
62	388	FERREIRA, Joao	Individual	13SEM	42	1:40:44.71	07:45	0:34:00
63	342	MAGALHÃES, Alberto	Run 4 All	13SEM	43	1:40:59.38	07:46	0:34:14
64	298	NETO, Avelino	Individual	13SEM	44	1:41:00.82	07:46	0:34:16
65	368	COELHO, Vítor	Individual	13SEM	45	1:41:01.09	07:46	0:34:16
66	479	SILVA, Jorge	Individual	13SEM	46	1:41:01.19	07:46	0:34:16
67	467	VIEIRA, André	Individual	13SEM	47	1:41:29.76	07:48	0:34:45
68	409	CUNHA, André	Individual	13SEM	48	1:41:49.01	07:50	0:35:04
69	227	LEAO, Paulo	Individual	13SEM	49	1:41:58.12	07:51	0:35:13
70	324	CARNEIRO, José	Fisiojane	13SEM	50	1:41:58.73	07:51	0:35:14
71	385	PINTO, Marcelo	Individual	13SEM	51	1:42:24.98	07:53	0:35:40
72	283	TEIXEIRA, Diogo	True Evolution	13SEM	52	1:42:50.44	07:55	0:36:05
73	418	SILVA, Tiago	Individual	13SEM	53	1:43:11.65	07:56	0:36:27
74	284	RIBEIRO, Vítor	Individual	13SEM	54	1:44:56.49	08:04	0:38:11
75	203	VIEIRA, Luis	Individual	13SEM	55	1:44:56.63	08:04	0:38:12
76	389	TEIXEIRA, Flávio	Individual	13SEM	56	1:44:58.74	08:05	0:38:14
77	374	TEIXEIRA, Joel	Individual	13SEM	57	1:44:58.75	08:05	0:38:14
78	381	MACHADO, José	Alive Runners	13M45	7	1:45:08.40	08:05	0:38:23
79	380	BARROSO, João	Alive Runners	13SEM	58	1:45:08.89	08:05	0:38:24
80	344	CASTRO, Renato	Individual	13SEM	59	1:45:21.22	08:06	0:38:36
81	210	ROSAS, Rui	Lusitanos	13SEM	60	1:45:21.49	08:06	0:38:36
82	454	LEITE, Anselmo	Individual	13M40	14	1:45:23.82	08:06	0:38:39
83	204	DUARTE, José	Individual	13M40	15	1:46:03.77	08:10	0:39:19
84	263	RIBEIRO, Rui	Fama Runners	13SEM	61	1:46:10.87	08:10	0:39:26
85	482	TEIXEIRA, Carlos	BTT Pinoco	13SEM	62	1:46:11.33	08:10	0:39:26
86	321	FARIA, Vitor	bttpinoco	13M40	16	1:46:21.69	08:11	0:39:37
87	322	GOUVEIA, José	bttpinoco	13SEM	63	1:46:37.73	08:12	0:39:53
88	470	GOMES, Ricardo	Individual	13SEM	64	1:46:38.09	08:12	0:39:53
89	213	RODRIGUES, Fernando	Lusitanos	13M50	1	1:46:52.68	08:13	0:40:08
90	422	SILVA, Filipe	Team da Nigéria	13SEM	65	1:46:55.40	08:13	0:40:10
91	432	RIBEIRO, Manuel	Individual	13M55	2	1:46:58.49	08:14	0:40:13
92	258	CASTRO, Vítor	Fisiojoane	13M40	17	1:46:58.76	08:14	0:40:14
93	390	ARAÚJO, Ricardo	Individual	13SEM	66	1:47:19.06	08:15	0:40:34
94	292	PEREIRA, Luciano	Individual	13SEM	67	1:47:33.12	08:16	0:40:48
95	223	BARROSO, Sergio	Individual	13SEM	68	1:47:46.58	08:17	0:41:02
96	459	VIEIRA, Nuno	Individual	13SEM	69	1:48:09.08	08:19	0:41:24
97	317	RIBEIRO, Joaquim	Equipotencia	13SEM	70	1:48:09.72	08:19	0:41:25
98	663	FERNANDES, Rui	Alive Runners	13SEM	71	1:48:11.55	08:19	0:41:27
99	484	MENDES, José	Indidual	13M50	2	1:48:19.87	08:20	0:41:35
100	355	SILVA, Carlos	Alive Runners	13M40	18	1:48:36.73	08:21	0:41:52
101	441	OLIVEIRA, Carlos	Individual	13SEM	72	1:48:37.61	08:21	0:41:53
102	357	LIMA, António	Alive Runners	13SEM	73	1:48:38.28	08:21	0:41:53
103	428	EMIDIO, Manuel	Individual	13M60	1	1:48:45.60	08:22	0:42:01
104	341	LIMA, Samuel	BTTPINOCO	13SEM	74	1:49:23.42	08:25	0:42:38
105	296	RODRIGUES, José	Individual	13M45	8	1:50:06.13	08:28	0:43:21
106	460	MELLO, Joao	Individual	13SEM	75	1:50:24.80	08:30	0:43:40
107	250	GOMES, Daniel	Individual	13M45	9	1:50:36.02	08:30	0:43:51
108	415	MEIRELES, Ricardo	Individual	13SEM	76	1:51:00.05	08:32	0:44:15
109	399	FERREIRA, Pedro	Individual	13SEM	77	1:51:11.35	08:33	0:44:26
110	257	CARNEIRO, José	Individual	13SEM	78	1:51:13.63	08:33	0:44:29
111	469	FREITAS, Fernando	Individual	13SEM	79	1:51:58.35	08:37	0:45:13
112	282	TEIXEIRA, João	True Evolution	13SEM	80	1:52:06.33	08:37	0:45:21
113	402	GONÇALVES, Pedro	Individual	13M40	19	1:52:10.98	08:38	0:45:26
114	323	LOPES, Miguel	Individual	13SEM	81	1:52:13.48	08:38	0:45:28
115	349	MACHADO, Romeu	Alive Runners	13SEM	82	1:52:27.39	08:39	0:45:42

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
116	209	OLIVEIRA, Vitor	True evolution	13SEM	83	1:53:16.63	08:43	0:46:32
117	351	MONTEIRO, Hugo	Alive Runners	13SEM	84	1:53:20.63	08:43	0:46:36
118	262	VALE, Jorge	Fama Runners	13M50	3	1:53:56.82	08:46	0:47:12
119	384	SAMPAIO, Rui	Individual	13SEM	85	1:53:56.82	08:46	0:47:12
120	217	OSORIO, Sergio	GLOBAL TRAIL	13M40	20	1:55:02.43	08:51	0:48:17
121	610	FERNANDES, Marco	SCORE HEALTH CLUB	13SEM	86	1:55:23.69	08:53	0:48:39
122	426	MAGALHÃES, Cristiano	Individual	13SEM	87	1:55:30.43	08:53	0:48:45
123	416	SILVA, Ricardo	Individual	13M40	21	1:56:04.15	08:56	0:49:19
124	361	ALMEIDA, André	Alive Runners	13SEM	88	1:56:12.20	08:56	0:49:27
125	410	LOPES, Paulo	Individual	13M40	22	1:56:21.52	08:57	0:49:37
126	234	ALVES, Diogo	Individual	13SEM	89	1:56:34.19	08:58	0:49:49
127	247	FERREIRA, Paulo	Os barbudos da montanha	13SEM	90	1:56:35.69	08:58	0:49:51
128	436	MONTEIRO, Filipe	Individual	13SEM	91	1:57:04.52	09:00	0:50:20
129	353	SALGADO, Vitor	Alive Runners	13M40	23	1:57:06.12	09:00	0:50:21
130	310	COSTA, Oscar	Equipotencia	13SEM	92	1:57:14.13	09:01	0:50:29
131	364	PEREIRA, Victor	Alive Runners	13M45	10	1:59:35.08	09:12	0:52:50
132	231	CUNHA, Nuno	Individual	13SEM	93	2:00:17.23	09:15	0:53:32
133	398	LEMONS, Francisco	LC-TEAM	13SEM	94	2:00:19.56	09:15	0:53:35
134	457	TEIXEIRA, José	Individual	13M55	3	2:00:33.23	09:16	0:53:48
135	403	CUNHA, Antonio	Individual	13M40	24	2:00:33.65	09:16	0:53:49
136	232	RODRIGUES, Eduardo	30Over30marathon	13M40	25	2:00:55.10	09:18	0:54:10
137	233	MARTINS, Martinho	30Over30marathon	13M40	26	2:00:55.35	09:18	0:54:10
138	439	RODRIGUES, André	30Over30Marathon	13SEM	95	2:00:55.43	09:18	0:54:10
139	396	SILVA, Rui	Os barbudos da montanha	13SEM	96	2:01:12.87	09:19	0:54:28
140	417	DINIS, Fernando	Individual	13M45	11	2:01:27.14	09:21	0:54:42
141	443	COUTINHO, Filipe	Individual	13SEM	97	2:01:31.18	09:21	0:54:46
142	435	HORÁCIO, Pedro	Individual	13SEM	98	2:01:31.40	09:21	0:54:46
143	447	LEITE, Mario	Individual	13SEM	99	2:03:08.08	09:28	0:56:23
144	611	SILVA, Joao	SCORE HEALTH CLUB	13SEM	100	2:03:24.59	09:30	0:56:40
145	455	LOPES, Helder	Individual	13SEM	101	2:03:28.95	09:30	0:56:44
146	445	GOMES, Jose	Individual	13M50	4	2:04:49.99	09:36	0:58:05
147	437	RODRIGUES, Carlos	Individual	13SEM	102	2:04:50.09	09:36	0:58:05
148	450	NEVES, Joaquim	Ortoneves	13M45	12	2:05:32.76	09:39	0:58:48
149	420	PINTO, Nelson	Team da Nigéria	13SEM	103	2:05:34.12	09:40	0:58:49
150	612	FERNANDES, Augusto	SCORE HEALTH CLUB	13M40	27	2:06:30.40	09:44	0:59:45
151	452	MONTEIRO, Ricardo	Individual	13SEM	104	2:06:30.65	09:44	0:59:46
152	220	SILVA, Sergio	GLOBAL TRAIL	13M40	28	2:07:00.12	09:46	1:00:15
153	268	FIGUEIREDO, João	Fama Runners	13SEM	105	2:07:12.10	09:47	1:00:27
154	312	MARQUES, Eduardo	Os 2 Mosqueteiros	13SEM	106	2:07:52.43	09:50	1:01:07
155	299	MEIRELES, Duarte	Alive Runners	13SEM	107	2:07:55.24	09:50	1:01:10
156	208	RUFINO, Miguel	Individual	13M45	13	2:08:46.94	09:54	1:02:02
157	391	PEDROSA, Tiago	Os Pedrosas	13SEM	108	2:09:47.12	09:59	1:03:02
158	405	SILVA, Pedro	Individual	13SEM	109	2:10:30.88	10:02	1:03:46
159	319	GONÇALVES, António	Individual	13SEM	110	2:10:37.09	10:03	1:03:52
160	318	BASTOS, Rúben	Individual	13SEM	111	2:10:38.72	10:03	1:03:54
161	218	SOARES, Antonio	GLOBAL TRAIL	13M40	29	2:11:12.88	10:06	1:04:28
162	280	NEVES, Abilio	Equipotencia	13M55	4	2:11:30.26	10:07	1:04:45
163	401	PEREIRA, Rui	Individual	13SEM	112	2:11:45.35	10:08	1:05:00
164	300	BARROSO, Paulo	Alive Runners	13M45	14	2:14:26.87	10:21	1:07:42
165	419	COELHO, Joaquim	Individual	13M50	5	2:17:04.89	10:33	1:10:20
166	463	CUNHA, Jose	4fitness	13M45	15	2:17:13.89	10:33	1:10:29
167	395	FERREIRA, Luis	Aguentas?	13SEM	113	2:19:36.46	10:44	1:12:51
168	442	PACHECO, Pedro	Individual	13SEM	114	2:19:51.87	10:46	1:13:07
169	275	BARBOSA, Augusto	barbosa	13M50	6	2:26:24.41	11:16	1:19:39
170	267	SILVA, Fernando	Fama Runners	13SEM	115	2:26:48.54	11:18	1:20:04
171	294	GONÇALVES, Cristiano	Big-a-ceira	13SEM	116	2:33:11.57	11:47	1:26:27
172	229	SILVA, Paulo	Individual	13SEM	117	2:37:09.00	12:05	1:30:24
173	400	OLIVEIRA, Marco	Individual	13SEM	118	2:42:41.21	12:31	1:35:56
174	483	AZEVEDO, Paulo	Individual	13SEM	119	2:42:41.43	12:31	1:35:56
175	465	COSTA, Miguel	4fitness	13M40	30	2:46:52.78	12:50	1:40:08

Pos.	Dorsal	Nome	Equipa	Cat.	Pos. Cat	Tempo	T/Km.	Dif.
176	394	BASTOS, Jorge	Aguentas?	13SEM	120	2:52:57.29	13:18	1:46:12
177	393	OLIVEIRA, Moisés	Aguentas?	13SEM	121	2:52:57.70	13:18	1:46:13

Trail Rota do Bolinhol

Classificação por Escalão - 13KM

13M60 Veteranos Masc M60 13km

P.Cat.	Nome	Equipa	Tempo
	1 EMIDIO, Manuel	Individual	1:48:45

13M55 Veteranos Masc M55 13km

P.Cat.	Nome	Equipa	Tempo
	1 ALVES, Manuel	Individual	1:18:22
	2 RIBEIRO, Manuel	Individual	1:46:58
	3 TEIXEIRA, José	Individual	2:00:33
	4 NEVES, Abilio	Equipotencia	2:11:30

13F50 Veteranos Fem M50 13km

P.Cat.	Nome	Equipa	Tempo
	1 VILHENA, Rosa	Fama Runners	1:54:18
	2 MOREIRA, Marina	barbosa	2:14:58
	3 MOREIRA, Maria	BARBOSA	2:26:20

13M50 Veteranos Masc M50 13km

P.Cat.	Nome	Equipa	Tempo
	1 RODRIGUES, Fernando	Lusitanos	1:46:52
	2 MENDES, José	Individual	1:48:19
	3 VALE, Jorge	Fama Runners	1:53:56
	4 GOMES, Jose	Individual	2:04:49
	5 COELHO, Joaquim	Individual	2:17:04
	6 BARBOSA, Augusto	barbosa	2:26:24

13M45 Veteranos Masc M45 13km

P.Cat.	Nome	Equipa	Tempo
	1 QUEIRÓS, José	Individual	1:13:54
	2 OLIVEIRA, Adriano	Lusitanos	1:18:03
	3 TEIXEIRA, Adriano	Individual	1:20:54
	4 SALDANHA, José	Individual	1:21:32
	5 DINIS, Joaquim	Os Santa Apolonia	1:30:00
	6 Alves, Carlos	XL&S	1:38:01
	7 MACHADO, José	Alive Runners	1:45:08
	8 RODRIGUES, José	Individual	1:50:06
	9 GOMES, Daniel	Individual	1:50:36
	10 PEREIRA, Victor	Alive Runners	1:59:35
	11 DINIS, Fernando	Individual	2:01:27
	12 NEVES, Joaquim	Ortoneves	2:05:32
	13 RUFINO, Miguel	Individual	2:08:46
	14 BARROSO, Paulo	Alive Runners	2:14:26
	15 CUNHA, Jose	4fitness	2:17:13

13F40 Veteranos Fem M40 13km

P.Cat.	Nome	Equipa	Tempo
	1 Alves, Sameiro	XL&S	1:26:27
	2 SILVA, Maria	Dragões do Vale do Vizela	1:41:09
	3 GONÇALVES, Carla	Individual	1:42:25
	4 PEREIRA, Alzira	Individual	1:47:31
	5 BOITEAU, Severine	Individual	1:48:04
	6 LEÃO, Fernanda	Sweet Runners	1:54:14
	7 PRESA, Aida	Girls4Run	1:56:23
	8 SANTOS, Eva	Alive Runners	1:59:34
	9 CARNEIRO, Giselle	Sweet runners	2:00:38
	10 ALVES, Susana	Individual	2:04:27
	11 COSTA, Carla	Individual	2:04:49
	12 NEVES, Carla	Ortoneves	2:05:29
	13 CUNHA, Sandra	Individual	2:14:59
	14 THOMÉ, Paula	Alive Runners	2:25:27
	15 FONTES, Rosa	Individual	2:43:22
	16 FONTES, Delmina	Individual	2:43:23
	17 OLIVEIRA, Maria	Individual	2:44:47
	18 BARBOSA, Aida	Alive Runners	2:52:43

13M40 Veteranos Masc M40 13km

P.Cat.	Nome	Equipa	Tempo
	1 BARBOSA, Carlos	GLOBAL TRAIL	1:17:13
	2 MARQUES, José	Individual	1:21:32
	3 BORGES, António	Individual	1:24:05
	4 NUNES, Fernando	Individual	1:26:31
	5 FREITAS, Rui	Lotus Runners	1:28:01
	6 DUARTE, Nuno	Individual	1:29:17
	7 SOUSA, Hugo	Individual	1:30:39
	8 MACEDO, António	Individual	1:32:19
	9 MENESES, Ricardo	Os barbudos da montanha	1:34:50
	10 MESQUITA, Paulo	Alive Runners	1:35:07
	11 PEREIRA, Adelino	Individual	1:36:58
	12 CARVALHO, Albino	SVA Automóveis	1:38:45
	13 OLIVEIRA, Paulo	SVA Automóveis	1:38:50
	14 LEITE, Anselmo	Individual	1:45:23
	15 DUARTE, José	Individual	1:46:03
	16 FARIA, Vítor	bttpinoco	1:46:21
	17 CASTRO, Vítor	Fisiojoane	1:46:58
	18 SILVA, Carlos	Alive Runners	1:48:36
	19 GONÇALVES, Pedro	Individual	1:52:10
	20 OSORIO, Sergio	GLOBAL TRAIL	1:55:02
	21 SILVA, Ricardo	Individual	1:56:04
	22 LOPES, Paulo	Individual	1:56:21
	23 SALGADO, Vítor	Alive Runners	1:57:06
	24 CUNHA, Antonio	Individual	2:00:33
	25 RODRIGUES, Eduardo	30Over30marathon	2:00:55
	26 MARTINS, Martinho	30Over30marathon	2:00:55
	27 FERNANDES, Augusto	SCORE HEALTH CLUB	2:06:30

28 SILVA, Sergio	GLOBAL TRAIL	2:07:00
29 SOARES, Antonio	GLOBAL TRAIL	2:11:12
30 COSTA, Miguel	4fitness	2:46:52

13SEF Seniores Fem 13km

P.Cat.	Nome	Equipa	Tempo
1	CUNHA, Albertina	Individual	1:30:01
2	PEREIRA, Cristina	Individual	1:31:46
3	OLIVEIRA, Carla	Os Santa Apolonia	1:35:24
4	CRUZ, Luisa	Individual	1:40:49
5	ALVES, Daniela	Individual	1:46:11
6	TEIXEIRA, Silivia	Sweet Runners	1:47:44
7	SOUSA, Rita	Individual	1:52:27
8	SANTOS, Natália	Fama Runners	1:53:56
9	SOUSA, Célia	invictus Oporto team	1:55:38
10	OLIVEIRA, Maria	Alive Runners	1:56:12
11	RESENDE, Rita	Girls4Run	1:56:22
12	ALVES, Mariana	Individual	1:56:32
13	DIAS, Silvia	Vimarunners	1:56:38
14	SILVA, Susana	Team da Nigéria	1:58:20
15	RIBEIRO, Helena	Individual	1:58:50
16	MANUELA, Ana	4fitness	1:59:16
17	COTO, Marta	LC-TEAM	2:00:18
18	GONÇALVES, Telma	Sweet Runners	2:00:29
19	OLIVEIRA, Liliana	SWEET RUNNERS	2:00:30
20	FARIA, Elisabete	Individual	2:00:32
21	CARVALHO, Adriana	Fisiojoane	2:01:28
22	PEIXOTO, Marta	Fisiojoane	2:01:31
23	SOUSA, Maria	Alive Runners	2:03:37
24	CARDOSO, Vera	Individual	2:04:06
25	FERREIRA, Vera	Os 2 Mosqueteiros	2:07:51
26	COSTA, Emília	Os Pedrosas	2:09:47
27	ARAÚJO, Margarida	Individual	2:11:36
28	ALVES, Liliana	ErmidaFit Runners	2:11:36
29	MOTA, Andreia	Individual	2:14:22
30	CARREIRA, Rosa	Individual	2:14:22
31	RIBEIRO, Lucia	Team da Nigéria	2:14:25
32	SILVA, Juliana	Fama Runners	2:14:25
33	DUARTE, Filipa	Individual	2:14:57
34	ANDRADE, Ana	Individual	2:14:58
35	ABREU, Ana	Individual	2:14:58
36	RIBEIRO, Dácia	IDR	2:17:01
37	RIBEIRO, Ivone	IDR	2:17:03
38	FREITAS, Vera	4fitness	2:17:12
39	ESTEVES, Odete	4fitness	2:17:15
40	MOTA, Mónica	Individual	2:20:08
41	SOUSA, Sónia	Individual	2:20:09
42	MACHADO, Sandra	Individual	2:21:59
43	COSTA, Susana	Individual	2:22:52
44	GOMES, Manuela	Individual	2:23:00
45	SANTOS, Micaela	Equipotencia	2:25:42
46	COELHO, Sandra	Equipotencia	2:25:42
47	TAIPA, Susana	Equipotencia	2:25:47

48 GARRIDO, Soraia	Individual	2:25:59
49 FREITAS, Fátima	Individual	2:26:05
50 CARNEIRO, Ana	ErmidaFit Runners	2:26:48
51 COSTA, Joana	Big-a-ceira	2:33:09
52 PAIVA, Sónia	Big-a-ceira	2:33:09
53 LEAO, Teresa	Individual	2:37:06
54 FERREIRA, Vera	Os 2 Mosqueteiros	2:37:07
55 PEREIRA, Sónia	Individual	2:44:47
56 SILVA, Liliana	Alive Runners	2:45:49
57 LOPES, Ivone	4fitness	2:46:51
58 DIAS, Marisa	ERMIDAFIT RUNNERS	2:50:36
59 PEREIRA, Natália	Ermidafit runners	2:50:36
60 LIMA, Sónia	Alive Runners	2:52:43

13SEM Seniores Masc 13km

P.Cat.	Nome	Equipa	Tempo
	1 CARDOSO, Nuno	Onesoul Crossfit	1:06:45
	2 OLIVEIRA, Hélder	Dragões do Vale do Vizela	1:08:30
	3 VIEIRA, Paulo	Fama Runners	1:11:07
	4 SILVA, Duarte	Individual	1:14:22
	5 ALVES, Nuno	Fama Runners	1:14:33
	6 PIRES, Nelson	Lusitanos	1:19:32
	7 NEVES, Luis	Equipotencia	1:19:52
	8 GONÇALVES, Ricardo	Individual	1:21:34
	9 TEIXEIRA, Jose	Fridão Sem Limites	1:23:38
	10 CARVALHO, José	Individual	1:23:38
	11 FERNANDES, Luis	Alive Runners	1:24:17
	12 AZEVEDO, Filipe	Alive Runners	1:24:18
	13 OLIVEIRA, André	4fitness	1:25:38
	14 COSTA, Edgar	Individual	1:25:53
	15 BESSA, Luís	Dragões do Vale do Vizela	1:26:02
	16 GOMES, Domingos	Individual	1:29:15
	17 CUNHA, Bruno	Individual	1:29:44
	18 FERREIRA, José	Dragões do Vale do Vizela	1:30:41
	19 DILLEN, Joaquin	Fama Runners	1:30:54
	20 COSTA, Rolando	Individual	1:31:50
	21 DUARTE, Pedro	Individual	1:32:02
	22 BARBOSA, Carlos	Individual	1:32:18
	23 VIEIRA, Pedro	Individual	1:32:34
	24 COSTA, Tiago	PuppyCat Team	1:33:49
	25 TELES, Marcelo	GTT - Armazém do Caffè	1:34:12
	26 QUEIROZ, Marco	Os barbudos da montanha	1:34:36
	27 SANTOS, João	Individual	1:35:09
	28 NEVES, João	Equipotencia	1:35:12
	29 PEREIRA, Hugo	GTT - ARMAZÉM DO CAFFÈ	1:35:16
	30 NOGUEIRA, Daniel	Alive Runners	1:35:57
	31 CAMPOS, Anselmo	Alive Runners	1:35:57
	32 MARTINS, Vítor	Equipotencia	1:36:14
	33 RIBEIRO, Rui	IDR	1:36:24
	34 SILVA, Ricardo	Individual	1:36:24
	35 FREITAS, Andre	Equipotencia	1:36:53
	36 MONTEIRO, Tiago	Individual	1:37:19
	37 FERREIRA, Ricardo	Alive Runners	1:38:43

38	ALMEIDA, Marco	SVA Automóveis	1:38:47
39	OLIVEIRA, Eduardo	Vimarunners	1:40:01
40	PEREIRA, Joao	Lotus Runners	1:40:05
41	PINTO, Rui	Individual	1:40:33
42	FERREIRA, Joao	Individual	1:40:44
43	MAGALHÃES, Alberto	Run 4 All	1:40:59
44	NETO, Avelino	Individual	1:41:00
45	COELHO, Vitor	Individual	1:41:01
46	SILVA, Jorge	Individual	1:41:01
47	VIEIRA, André	Individual	1:41:29
48	CUNHA, André	Individual	1:41:49
49	LEAO, Paulo	Individual	1:41:58
50	CARNEIRO, José	Fisiojane	1:41:58
51	PINTO, Marcelo	Individual	1:42:24
52	TEIXEIRA, Diogo	True Evolution	1:42:50
53	SILVA, Tiago	Individual	1:43:11
54	RIBEIRO, Vítor	Individual	1:44:56
55	VIEIRA, Luis	Individual	1:44:56
56	TEIXEIRA, Flávio	Individual	1:44:58
57	TEIXEIRA, Joel	Individual	1:44:58
58	BARROSO, João	Alive Runners	1:45:08
59	CASTRO, Renato	Individual	1:45:21
60	ROSAS, Rui	Lusitanos	1:45:21
61	RIBEIRO, Rui	Fama Runners	1:46:10
62	TEIXEIRA, Carlos	BTT Pinoco	1:46:11
63	GOUVEIA, José	bttpinoco	1:46:37
64	GOMES, Ricardo	Individual	1:46:38
65	SILVA, Filipe	Team da Nigéria	1:46:55
66	ARAÚJO, Ricardo	Individual	1:47:19
67	PEREIRA, Luciano	Individual	1:47:33
68	BARROSO, Sergio	Individual	1:47:46
69	VIEIRA, Nuno	Individual	1:48:09
70	RIBEIRO, Joaquim	Equipotencia	1:48:09
71	FERNANDES, Rui	Alive Runners	1:48:11
72	OLIVEIRA, Carlos	Individual	1:48:37
73	LIMA, António	Alive Runners	1:48:38
74	LIMA, Samuel	BTTPINOCO	1:49:23
75	MELLO, Joao	Individual	1:50:24
76	MEIRELES, Ricardo	Individual	1:51:00
77	FERREIRA, Pedro	Individual	1:51:11
78	CARNEIRO, José	Individual	1:51:13
79	FREITAS, Fernando	Individual	1:51:58
80	TEIXEIRA, João	True Evolution	1:52:06
81	LOPES, Miguel	Individual	1:52:13
82	MACHADO, Romeu	Alive Runners	1:52:27
83	OLIVEIRA, Vitor	True evolution	1:53:16
84	MONTEIRO, Hugo	Alive Runners	1:53:20
85	SAMPAIO, Rui	Individual	1:53:56
86	FERNANDES, Marco	SCORE HEALTH CLUB	1:55:23
87	MAGALHÃES, Cristiano	Individual	1:55:30
88	ALMEIDA, André	Alive Runners	1:56:12
89	ALVES, Diogo	Individual	1:56:34
90	FERREIRA, Paulo	Os barbudos da montanha	1:56:35
91	MONTEIRO, Filipe	Individual	1:57:04

92 COSTA, Oscar	Equipotencia	1:57:14
93 CUNHA, Nuno	Individual	2:00:17
94 LEMOS, Francisco	LC-TEAM	2:00:19
95 RODRIGUES, André	30Over30Marathon	2:00:55
96 SILVA, Rui	Os barbudos da montanha	2:01:12
97 COUTINHO, Filipe	Individual	2:01:31
98 HORÁCIO, Pedro	Individual	2:01:31
99 LEITE, Mario	Individual	2:03:08
100 SILVA, Joao	SCORE HEALTH CLUB	2:03:24
101 LOPES, Helder	Individual	2:03:28
102 RODRIGUES, Carlos	Individual	2:04:50
103 PINTO, Nelson	Team da Nigéria	2:05:34
104 MONTEIRO, Ricardo	Individual	2:06:30
105 FIGUEIREDO, João	Fama Runners	2:07:12
106 MARQUES, Eduardo	Os 2 Mosqueteiros	2:07:52
107 MEIRELES, Duarte	Alive Runners	2:07:55
108 PEDROSA, Tiago	Os Pedrosas	2:09:47
109 SILVA, Pedro	Individual	2:10:30
110 GONÇALVES, António	Individual	2:10:37
111 BASTOS, Rúben	Individual	2:10:38
112 PEREIRA, Rui	Individual	2:11:45
113 FERREIRA, Luis	Aguentas?	2:19:36
114 PACHECO, Pedro	Individual	2:19:51
115 SILVA, Fernando	Fama Runners	2:26:48
116 GONÇALVES, Cristiano	Big-a-ceira	2:33:11
117 SILVA, Paulo	Individual	2:37:09
118 OLIVEIRA, Marco	Individual	2:42:41
119 AZEVEDO, Paulo	Individual	2:42:41
120 BASTOS, Jorge	Aguentas?	2:52:57
121 OLIVEIRA, Moisés	Aguentas?	2:52:57